

## LUNCH

Served from 11am-3:30pm

**SOUP OF THE DAY** v, VG £6.95

Served with white or wholemeal bread

Swap bread for half a cheese toastie +£3.50

Gluten free roll available - please ask: +60p

**PLOUGHMAN'S PLATTER** v, VG £16.00

Served with your choice of Davidstow cheddar, brie or ham. Pick an additional filling for +£2

Comes with salad, coleslaw, tomatoes, beetroot, apple, pickled onions, homemade caramelised onion chutney, crisps & either white or wholemeal bread with butter

**JACKET POTATO** v, VG £8.95

A hot jacket potato topped with your choice of cheese, beans, garlic butter or coleslaw and served with salad and crisps.

Add additional fillings for +£1

Add coronation chickpea for +£2

## SANDWICHES

Served from 11am-3:30pm

Served on your choice of white or wholemeal bread, with crisps and a salad garnish with dressing and seeds

**VG:** Make it vegan with dairy free cheese: +50p

Gluten free rolls available - please ask: +£1.20 for 2 rolls

**DAVIDSTOW CHEDDAR** v £7.45

Make it saucy with your choice of: VG +80p

Homemade caramelised onion chutney

Homemade sweet chilli jam

Cranberry sauce

Pesto

Marmite

Garlic Butter

**CHEDDAR & TOMATO** v £8.25

Davidstow cheddar with fresh sliced tomato

**HAM & CHUTNEY** £8.45

Sliced ham and homemade caramelised onion chutney

**HAM & CHEDDAR** £9.45

Davidstow cheddar and sliced ham

**CHEDDAR, BEETROOT & APPLE** v £9.45

Davidstow cheddar, sliced beetroot, thinly sliced apple and rocket

**BRIE, HAM & CRANBERRY** £9.95

French brie, sliced ham, and cranberry sauce

**BRIE, HAM & APPLE** £9.95

French brie, sliced ham, thinly sliced apple & homemade caramelised onion chutney with rocket

**CORONATION CHICKPEA** VG £8.95

Homemade vegan coronation chickpea with rocket - a mild sweet spiced filling

## CREAM TEAS & TREATS

Served all day

Upgrade to loose leaf tea or barista coffee: +£1

Upgrade to Tiny Prosecco (200ml): +£5

**CLASSIC** v £10.95

Two plain scones, served with strawberry jam & Rodda's clotted cream as well as a pot of tea for one

**SAVOURY** v £11.95

Two cheese scones, served with homemade caramelised onion chutney or sweet chilli jam & cream cheese as well as a pot of tea for one

**SCONE & BUTTER** v

A single homemade scone & butter

Plain Scone £3.95

Cheese Scone £4.25

Add jam/cream/chutney/sweet chilli/cream cheese for +75p each or +£1.20 for two

**TRELEAVENS ICE CREAM** £2.95

120ml tubs | ask for our flavours

**AFFOGATO** £5.20

Treleavens ice cream with a double espresso

- decaf option available

**CAKES** From £3.95

Made freshly in-house - please check at the counter for today's bakes

## TOASTIES

Served from 11am-3:30pm

Served on your choice of sourdough or wholemeal bread, with crisps and a salad garnish with dressing and seeds

**VG:** Make it vegan with dairy free cheese: +50p

Gluten free rolls available - please ask: +£1.20 for 2 rolls

**DAVIDSTOW CHEDDAR** v £7.95

Make it saucy with your choice of: VG +80p

Homemade caramelised onion chutney

Homemade sweet chilli jam

Cranberry sauce

Pesto

Marmite

Garlic Butter

**CHEDDAR & TOMATO** v £8.75

Davidstow cheddar with fresh sliced tomato

**HAM & CHEDDAR** £9.95

Sliced ham and Davidstow cheddar

**HAM, CHEDDAR & PINEAPPLE** £10.45

Sliced ham, Davidstow cheddar and pineapple rings

**BRIE & CRANBERRY** v £8.95

French brie & cranberry sauce

**BRIE, HAM & CRANBERRY** £10.95

French brie, sliced ham, and cranberry sauce

**BRIE, HAM & APPLE** £10.95

French brie, sliced ham, and thinly sliced apple

**Please order at the bar when you are ready - don't forget your table name!**

Please ask about allergens and intolerances, especially when ordering barista drinks

## COFFEE

We use Yallah Coffee - single origin & locally roasted

DOUBLE ESPRESSO/LONG BLACK	-	£2.95	ICED AMERICANO	£3.20
AMERICANO	-	£3.25	ICED LATTE	£4.10
LATTE	£3.85	£4.15	ICED MOCHA	£4.50
CARDAMOM LATTE	£4.20	-		
CAPPUCCINO	£3.85	£4.15	ICED CHAI	£4.10
FLAT WHITE	-	£3.75	ICED CHOCOLATE	£4.20
MOCHA	£4.30	£4.80		
CHAI LATTE	£3.85	£4.15	ICED TEA (Peach, Raspberry & Lime)	£2.95

### ARTISAN HOT CHOCOLATE

Made with real Belgian chocolate flakes £4.00 £4.50

Choose from regular, raspberry, orange or white

Speciality 65% Belgian Dark chocolate £4.30 £4.80

EXTRAS: Extra espresso shot +50p | Oat or soya milk +20p | Cream +50p | Marshmallows +50p  
Syrups +40p (vanilla, caramel, hazelnut) | Seasonal syrups +50p

Milk babyccino 60p

## TEA

### CLIPPER BREAKFAST TEA

Pot for one £2.75

Pot for two £5.00

### TEA PALACE HERBAL & FRUIT TEAS

Pot for one £3.30

Pot for two £6.10

### TEA PALACE LOOSE LEAF

Any of our loose leaf teas can be made iced - please allow additional brew time

#### DARJEELING

Second flush Darjeeling, a mellow, refreshing and aromatic black tea

#### EARL GREY BLUE FLOWERS

A variation on Lady Grey - bergamot and blue flowers making it a smooth, balanced, slightly sweeter blend

#### COVENT GARDEN

Refreshing and uplifting black tea with a balance of sweetness and spice - peppermint & cornflowers

#### CHAI

Black tea and traditional Masala spices for a full-bodied, robust, spicy and slightly sweet tea

#### MADAGASCAN VANILLA

A full-bodied, robust, smooth and spicy black tea with distinct vanilla and slight sweetness

#### APRICOT DREAM

Black tea with apricot and sunflower blossoms, apricot with notes of summer berries and a touch of vanilla

#### ORANGE COOKIE

Black tea with zesty notes of orange, paired with the sweetness of a freshly baked cookie & warm spices

#### MULBERRY PU-ERH

Pu-Erh tea combined with hints of strawberry, raspberry, hibiscus, and lavender - sophisticated but refreshing

#### PEPPERMINT

100% pure peppermint - soothing and relaxing with a subtle note of caramel

#### SENCHA GREEN

Crisp, light and refreshing. A strong flavour perfect for green tea lovers

#### ROYAL STAR

A blend of oolong and green with fruity sweetness and elegant floral notes

#### LEMONGRASS ROOIBOS

A Tea Palace creation! Natural sweetness balanced with lemongrass, a punchy and zesty drink - caffeine free

#### CHAMOMILE & LAVENDER

Light, smooth and fragrant with a floral taste and very slight sweetness - caffeine free

#### BLOOD ORANGE

A juicy and tangy infusion, with blood orange, hibiscus and a hint of spice - caffeine free

#### VITAL APPLE

Real apple and pineapple pieces for a crisp sweetness - caffeine free

#### PRECIOUS PEACH

Real peach and mango pieces, crisp apples, and delicate flower blossoms - caffeine free

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## SOFT DRINKS

<b>JOLLY'S CORNWALL</b> 250ml can	£2.99	<b>FOLKINGTON'S</b> 250ml bottle	£3.65
Lemonade   Pink lemonade   Ginger beer Apple   Elderflower   Orange   Cola		Orange   Apple   Cranberry	
Sparkling water	£2.65	<b>PIP ORGANIC</b> 180ml carton	£2.75
		Strawberry & blackcurrant	

## BEER & CIDER

<b>Birra Moretti</b>	£4.00	<b>Apple Cider</b> (Southwest Orchards)	£5.75
330ml, 4.6% - Lager with hoppy and fruity notes		500ml, 5% - A blend of the finest cider apples	
<b>Brian</b> (Dynamite Valley)	£5.95	<b>Raspberry Cider</b> (Southwest Orchards)	£5.95
500ml, 5% - Amber bitter, well-rounded ale		500ml, 4% - Bittersweet cider infused with raspberry	
<b>Gold Rush</b> (Dynamite Valley)	£5.95	<b>0.5% Apple Cider</b> (Southwest Orchards)	£4.75
500ml, 4% - Golden ale, classic and refreshing		500ml, 0.5% - Alcohol free cider	
<b>Lucky Saint</b>	£4.75		
330ml, 0.5% - Alcohol free lager			

## FIZZES & SPARKLES

<b>Tiny Prosecco</b> (Vispo Allegro)	£8.75	<b>Rhubarb &amp; orange blossom sparkle</b>	£8.00
200ml, 11% - dry		Silco Rhubarb Shrub liqueur (22%) with botanical orange	
<b>Tiny Prosecco Rosé</b> (Vispo Allegro)	£8.75	<b>Plum &amp; ginger bourbon sparkle</b>	£8.00
200ml, 11% - dry		Silco Plum & Bourbon liqueur (22%) with firey ginger beer	
<b>Aperol Spritz</b>	£9.25	<b>Cranberry &amp; limoncello refresher</b>	£8.20
Aperol, prosecco, soda water & a slice of fresh orange		Silco limoncello (22%) with refreshing still cranberry juice	
		<b>2 of the same for £13.50!</b>	

## WINE

		125ml	175ml	250ml	BOTTLE
WHITE	<b>COTE MAS SAUVIGNON VERMENTINO</b>	£5.35	£7.35	£10.65	£27.95
	Unique aromas of flowers, peach and pear - France				
RED	<b>DOMAINE ASTRUC D'A CHARDONNAY</b>	£6.25	£8.55	£12.40	£32.95
	Light pale gold with intense aroma - France				
ROSE	<b>LA TROCHITA MALBEC</b>	£5.00	£6.90	£10.00	£26.00
	A lighter Malbec with juicy blackberry and plum - Argentina				
ROSE	<b>RIVIERA PINOT NOIR</b>	£5.70	£7.85	£11.35	£30.00
	Excellent young Pinot with a good weight of fruit - France				
ROSE	<b>KRAAL BAY GRENACHE</b>	£5.15	£7.10	£10.35	£27.95
	Pale but not lacking in intensity, sophisticated - South Africa				
	<b>BRISTOL CREAM SHERRY</b>	50ml £4.10	100ml £7.85		

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### LITTLE WOMEN

Flat white with a dash of honey, vanilla, hazelnut, and cinnamon. The March Sisters in a cup!

(Try it without honey for a Good Wives...)

£4.20

### LEMBAS LATTE

Large latte with honey, vanilla, and a dash of nutmeg. Sweet and nourishing to sustain a day full of adventure

Regular £4.40 Large £4.60

### PADDINGTON'S DARKEST PERU

Large dark orange hot chocolate with a kick of ginger and whipped cream on top. Hard Stare™ optional.

£4.95

### BRONTË'S HEARTH

Large hot chocolate with rich fruit and hazelnut, a warming respite from the blustery moors

£4.95

### POIROT'S BELGIAN CHOCOLATE

A Cornish take on the Belgian classic - A short & indulgent hot chocolate, served with Cornish clotted cream and nutmeg

£4.95

### HUNNY BEAR

A Pooh Bear's favourite cosy drink! A dollop of hunny with steamed milk and cinnamon

£3.00

### PERSEPHONE'S SPITE

Tart pomegranate syrup and firey ginger beer over ice

£3.75

### THE GREEN KNIGHT

A revitalizing remedy of sparkling apple, spiked with refreshing peppermint and lime

£3.75

